



TRAIL RUNNING FILM FESTIVAL

OFFICIAL SELECTION 2026

Becky Bates, Not a Running Story - (12:30 min - Canada, USA)



Scot Proudfoot

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Becky Bates entered the world of ultra running at the age of 50. Famously claiming to not be a runner, in reality, she's one of the best in her class. We follow Becky as she trains for her 3rd Hardrock 100 at the age of 62.

We Belong - (5:45 min - Switzerland)



Milo Zanecchia

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Featuring On para athlete Zach Friedley and 2x paralympian Dani Aravich, this film tracks the rise of para-athletes in the mountains as trail running races update their policies. The story focuses on Jahir, an Ecuadorian runner born with one leg, as he targets the UTMB OCC race. Through his eyes and with insights from UTMB race organizer, we witness the evolution of trail running and the vital importance of representation on the course.

Fellsman - (3:21 min- United Kingdom)



Billy Barraclough

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"'Fellsman' is a portrait of young fell runner Sonny Ashton-Fitch. The project follows Sonny during the spring season as he trains for the annual Three Peaks Fell Race. The work is an exploration of Sonny's relationship with the fells that surround him, the landscape that unfurls under foot and the animals he passes. The film reflects on what it means to be a Yorkshireman, how it feels to push your body to its limit and the freedom that comes with an ability to run all over the Dales.

From a small village at the base of the North Yorkshire Dales, Sonny has grown up with the fells in his back garden. Ingleborough, Pen-y-Ghent and Whernside stand tall above the rest, and since the age of 12 Sonny has spent any spare time running their steep untamed contours. An unusual fell runner at 6 foot 6, Sonny is a talented athlete who pushes his rangy frame to its limit up the fells and let his legs go loose on technical descents - picking up a speed propelled by gravity that relies on confidence of stable footing.

Defined by the steepness of the mountains that are ascended, fell running is a quintessentially amateur British sport that exists in the humblest scale across Northern England."

Dipsea Generations - (30 min - USA)



Paddy O'Leary

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Trail running is disappointingly homogenous, yet the Bay Area is home to a diverse population and some of the best trails in the US. This film follows five young runners from across the Bay Area as they take on the oldest, and perhaps the most unique, trail race in the US, the iconic Dipsea race. Its unique handicap start makes it ripe for improving access to the sport.

Dicks-A-Thon - (18:06 min - USA)



Dylan Young
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26.3 Miles. 5 Dick's. 5 Meals. 1 wild tradition to honor a friend, and give back to the outdoors. Learn about Seattle's most unique marathon, and the touching story behind it.

Project Tombstone - (5:31min - USA)



Max Haimowitz

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"Allie races herself up and down the iconic Tombstone formation in Moab, UT. One version of Allie runs the full ascent and descent, relying on endurance. The other sprints up and BASE jumps off. Through clever camera trickery, we see Ultra Runner Allie vs. BASE Jumper Allie...which is faster? This short film captures the duality of ascent and descent, showcasing human power vs. gravity. The clock doesn't lie, who will win?"

Song and Flowers - (27min - Spain, Bolivia)



Julen Elorza

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Seven years after her brother's death, Karina Carsolio returns to their shared dream: to climb Bolivia's highest mountains in the fastest possible way. Together with Hillary Gerardi, her new partner, she will strive to break records while facing the mountain as a mirror of grief, closure, and spiritual reunion.

ONLINE ONLY

Off Course - (1:15:00min - USA, France)



Carrie Highman, Tim Highman

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"Stephanie Case and Sophie Grant are world-class ultrarunners, celebrated for pushing their bodies to the edge in some of the most unforgiving races on Earth. Yet no finish line could prepare them for the most relentless and unpredictable challenge of all: the road to motherhood. Behind podiums and mountain summits, both women are wrestling with an invisible struggle — one marked by infertility, pregnancy loss, and the silence that surrounds female athletes who dare to pursue both sport and motherhood. Off Course pulls back the veneer of toughness often projected onto endurance athletes, revealing raw moments of resilience and fierce vulnerability. Intimate and unflinching, the film reframes endurance not as triumph or failure, but as the courage to keep moving when life veers off track. Off Course is an intimate and deeply personal documentary following elite ultrarunners Stephanie Case and Sophie Grant as they confront the most grueling challenge of their lives: trying to become mothers.

As they chase finish lines across the mountains, their friendship carries them through another, far more private race—one marked by infertility, loss, and the stigma that too often forces women to suffer in silence. By breaking that silence, they not only find strength in each other, but shine a light on the power of community when we dare to speak openly about the struggles that remain in the dark.

This is not a story of victory or defeat—it's about what happens in the space between, when life goes off course."

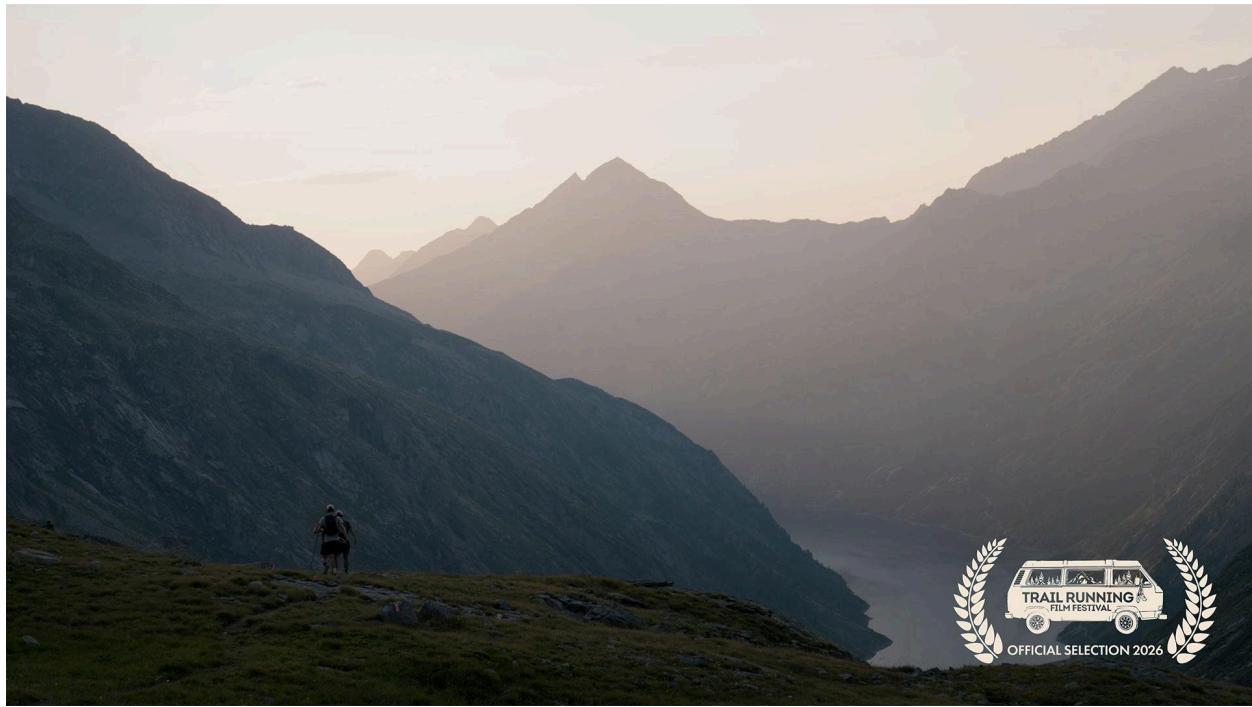
The Romsdal Method - (01:36:30min - Norway, USA)



Hans Kristian Smedsrød
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Unpacking the secret training method of the mountain endurance athletes in Romsdal, Norway, and their journey to succeed at the iconic 100 mile foot race Western States Endurance Run 2024.

Unmuted - Running for the Glaciers - (34:30smin - Austria)



Luca Jaenichen

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To raise awareness for our melting glaciers and the changes and challenges the alpine infrastructure is facing, a group of four athletes ran a 200km stretch in the Austrian alps from Pasterze to Hintertux Glacier. With the movie the team wants to show how long this distance really feels, when Trailrunning through the mountains. While the glaciers get louder and unmute themselves, the team faces its own challenges on the way.

For tickets visit: trailfilmfest.com